



ALL HELLSHIRE LEADERSHIP COUNCIL

Working together for the good of the community

NEWSLETTER
VOL 2, ISSUE 10

STRONG SUPPORT FOR SPORTS FUNDAY

It was a great day of community interaction through sports at the Heroes Day Sports & Funday. The Hellshire Park Shopping Centre was abuzz with U15 and U20 Football, Netball, Cricket and Dominoes.

Special thanks to referee Milton Gray, the Social Development Commission and Charles Newsam who arranged the Youth Cricket Clinic with Boy's Town Cricket Club coach, Ricardo McGeachey.

Congratulations to all our winners and 'Well Done' to all who participated. The Awards Ceremony will be held at a date to be announced.

RESULTS

UNDER 15 FOOTBALL

1st: Hellshire Heights

2nd: Super Charge

3rd: FC Peace

UNDER 20 FOOTBALL

1st: Ghursyde Hellshire

2nd: Onesyde

NETBALL SHOOT

(FEMALE)

Shannel Sang

NETBALL SHOOT (MALE)

Jase McDaniel

DOMINOES

1st: Purple

2nd: Overcome



Top: U20 Football action
Bottom: The Dominoes Tournament was hotly contested

BACKYARD GARDENS FOR FOOD SECURITY—Grow What You Eat

A backyard garden can provide a steady supply of your favourite fresh fruits and vegetables. Gardening is also a fun, wholesome activity that you can enjoy with your entire family. It can also add to your income as any excess produce can be sold. The Forestry Department has fruit seedlings available for sale and the Ministry of Agriculture, Fisheries and Mining is distributing 3,000 backyard gardening kits islandwide, partnered with the Rural Agricultural Development Authority (RADA), which will provide essential guidance and track the progress of the gardens. **Cont. Pg 2**

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BACKYARD GARDENS FOR FOOD SECURITY

TIPS FOR THE BEGINNER BACKYARD GARDENER

◆ Do your research

Before you begin, consult with RADA about soil conditions, pest control strategies and plant care.

◆ Start small

Identify a space for your garden. It does not matter where you live, backyard gardens are easily created in containers which can be stored on balconies or on rooftops.

◆ Prepare the soil

Ensure you have gardening tools such as a tilling fork or shovel & water can or hose. Loosen the soil with a fork for drainage & so that plants can grow easily.

◆ Add compost

Compost consisting of materials such as dead leaves, grass clippings, vegetable waste, fruit scraps and coffee grounds can be spread on the soil as it helps plants to grow.

◆ Nurture your garden

Plan to spend a lot of time in your garden, especially in the beginning, to uproot pesky weeds & keep plants healthy.

◆ Be patient

It takes time for plants to grow and mature. Enjoy the process then reap the rewards!



'WHITE LINES' PROJECT UNDERWAY

The white 'stop' lines at intersections in Hellshire are to be remarked by the AHLC Special Projects Team.

This is intended to assist motorists in the proper use of 4-way intersections in an effort to increase road safety and reduce accidents in these places. Motorists at a 4-way intersection should all come to a complete stop. The one who arrived at the intersection first should then proceed if the way is clear.

The intersections at Plateau Road/Johnson Hill and the Hellshire Park, Sandhills, Hellshire Main Road from Half Moon Beach Roundabout and the Limestone Road to Sandhills Vista have already been repainted. The plan is to remark all major intersections within communities.



EARTHQUAKE TIPS

BEFORE AND AFTER A BIG QUAKE

1. Make a plan to keep your family safe



2. Have an emergency kit ready to go



3. Learn how to use your home's fuse and breaker boxes



4. STOP, DROP, COVER AND HOLD during an earthquake



5. Drive cautiously and stop at all intersections



6. Always assume downed power lines are energized and dangerous



AHLC WORKING FOR YOU

FOGGING UNDERWAY

Residents of several communities in Hellshire have been visited by the Vector Control team for fogging activities as Dengue Fever cases continue to increase.

This follows lobbying efforts by the AHLC Executive and Cllr. Vanrick Preddie to get the Hellshire area added to the fogging schedule after sev-

eral cases were recorded. The coastal area is known as a mosquito breeding area, made even more severe by heavy rains. Symptoms include a sudden high fever, headache, pain behind the eyes, joint pain and weakness.

Residents are encouraged to open their windows when fogging is underway and clear homes and yards of potential

breeding sites that can hold water.

Prevention tips include wearing long, long, light coloured clothing and using insect repellent containing DEET. Keep windows & doors closed except during fogging and use window screens & mosquito nets if possible.

The *Aedes aegypti* mosquito is a known vector of several viruses including Yellow Fever, Dengue Fever, Chikungunya (Chik-V) and Zika virus.

What's happening in your community? Let us know & be a part of Hellshire's Newsletter!

RECYCLING PROJECT COMING SOON

The space for the recycling area in Hellshire Park Estate has been prepared by the AHLC Special Projects Team. Recycling Partners of Jamaica will schedule delivery of the metal cages for plastic bottles. Phase 1 of the project will see three communities getting cages.



ROAD STOP LINES RENOVATION
Main Intersection (Hellshire Park)



SANDHILLS VISTA SEWERAGE REPAIRS UNDERWAY

The National Housing Trust has begun repair work to address ongoing sewage problems in Sandhills Vista.

Correspondence from the AHLC resulted in an update from Assistant General Manager, Michael Taylor who advised that repairs to the sewage pump are underway. Due to the frequent breakdowns of these pumps, the NHT intends to replace them, with emergency procurement measures already executed. He says a new standby pump

will be provided shortly after.

Residents are urged to ensure that non-biodegradable material does not enter the sewage system as this contributes to pump damage.

Mr Taylor acknowledged the dissatisfaction of residents with the stalling of works and lack of communication which should improve going forward.

AHLC GEARS UP FOR 'AGM WEEK' — AGM Nov 25

The All Hellshire Leadership Council Annual General Meeting will be held on Saturday November 25, 2023.

All Citizens Association Presidents and AHLC Committee

Chairs are being asked to prepare and submit their reports to the AHLC Chairman by Tuesday, Nov 21.

Activities ahead of this first AGM by the current Executive include a Church Service

on Sunday, Nov 19. Look out for details on other activities via the AHLC & Citizens Associations WhatsApp groups.

AGM 2022 FLASHBACK

Safety and Security

- ◆ Groundwork done for community surveillance camera system

Environmental

- ◆ Bee-keeping training & starter kits done through Alternative Livelihood Project to encourage activities outside of fishing.
- ◆ South Coast Hike done

Youth Empowerment

- ◆ Job Fair held benefitting over 40 persons
- ◆ Guide & Customer Service Training completed with TPDCo

Welfare

- ◆ Hellshire Senior Citizens Club reactivated
- ◆ List of residents over 60 years compiled & COVID vaccinations done

**THANK YOU TO THE
2019-22 AHLC EXECUTIVE
& CHAIRMAN JENNIFER
LEE AS WE CONTINUE
TO BUILD ON THIS
FOUNDATION**

24th NOV

AHLC
ALL HELLSHIRE LEADERSHIP COUNCIL
WORKING TOGETHER FOR THE
GOOD OF THE COMMUNITY

Cake Sale FUNDRAISER

Enjoy a Delicious slice of cake with a complementary bottle of Water.

Red Velvet \$1,000.00	Plain Cake \$1,000.00	Black Forest \$1,000.00
Chocolate Mocha \$1,000.00		Cheesecake \$1,200.00

All proceeds go towards the AHLC community development fund.

AHLC NEWSLETTER



**Follow us on
Instagram
@allhellshire_lc**

The All Hellshire Leadership Council (AHLC) operates under the guidelines of the Social Development Commission (SDC) with the support of the Portmore Municipal Council and the Portmore Advisory Council.

The AHLC represents all Citizens Associations and community-based organisations in the Hellshire area and is the voice of our community.

SHARE WITH US! Send pictures of activities in your community to: allhellshireleadershipcouncil@gmail.com



Jamaica
Constabulary
Force
Hellshire Police Youth Club

Hellshire Police Youth Club

Come and be part of the change we wish to see!



Join Us
NOV. 18, 2023
@ 5 PM

Join us for an inspiring event as we welcome the Hellshire Park Police Station's initiative in rallying us to unite and build a stronger community! Don't miss this opportunity to make a positive impact. Be there to listen, learn, and lead!

VENUE: HELLSHIRE
PARK POLICE
STATION

For the questions, queries & more information please call: 876-335-9609/ 876-939-9446

NEW RUN/WALK CLUB

There's a new running club for Hellshire residents. The Hellshire Weekend Run & Walk Club was started by Simone Gilbert and is open to anyone looking for a way to get & stay fit.

The run begins at Sandhills Vista Community centre and goes to Johnson Hill for a total of 10K/6 miles. Persons can retrace at anytime based on their fitness. The group meets at 5:15 am Saturdays and Sundays.

Interested persons should send a WhatsApp message to 876-586-4545 to be added to the group for updates.

23 was a to-

HELLSHIRE FUN FACTS

The area is popularly known to be home to a rich and biologically diverse community of flora and fauna. At least six (6) species of animals found only in Jamaica were documented in this area including:

- The Jamaican Iguana
- The Blue-tailed Galliwasp
- Three (3) species of The Thunder Snake
- The Jamaica 'Fish-eating' Bat



How much do you know about your beloved community? We share some interesting facts about Hellshire.

